



Hackney Ark Resource Centre Newsletter

IN THIS ISSUE

This month's news

Hackney Ark's Resource Centre Newsletter is back and we are here to keep you informed!

We aim to provide all Hackney Ark users and interested professionals with relevant information about events happening locally and nationally, grants and funding available and any training and learning opportunities

The resource centre is a one-stop shop for advice and support for families in Hackney. Its open Monday – Friday 9-5 and you can drop in ANYTIME.

If however you would like to book an appointment for more involved support, please call Sarah on: 020 7014 7005

Come and check out our new Library – a wide selection of books and DVDs are available as well as a small selection of Wii and Xbox Kinect games.

- Upcoming events at Hackney Ark
- Events in Hackney for SEND families
- Events in the wider community for SEND children and their families
- Organisation of the Month

Hackney Ark's Resource Centre is a one stop shop for Information, Advice and Support. Here you can:

- Get information on a range of topics regarding Disability and Special Educational Needs
- Use our Public Computers
- Access a range of resources
- Get free, confidential advice from our Information & Advice Officer and signposting to other services who can support you and your family
- Book an appointment for support with filling in forms such as Disability Living Allowance, Medical Housing Forms, Family Fund and other grants

February events at the Ark and Homerton Hospital

March 2020

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
						1
2	SENDIAG drop in advice session 10am-2pm	Incontinence drop in 2:30-4	HiP drop-in 9:30-12:30	ASD parent support group @ Homerton Row – Sensory and emotional regulation in ASD: 9:30am-11:30am	7	8
9	SENDIAG drop in advice session 10am-2pm	Incontinence drop in 2:30-4	HiP drop-in 9:30-12:30		14	15
16	SENDIAG drop in advice session 10am-2pm	Incontinence drop in 2:30-4	Occupational therapy drop-in session 9:30am-12pm HiP drop-in 9:30-12:30	AS1 Coffee morning 10am-12:30pm	21	22
23	SENDIAG drop in advice session 10am-2pm HiP Autistic girls parents group 10-12:30	Autism Parents coffee morning 10am-12pm Incontinence drop in 2:30-4	HiP drop-in 9:30-12:30		28	29
30	SENDIAG drop in advice session 10am-2pm					

For more information on any of these sessions please contact the resource Centre on 020 7014 7005 – all sessions are at Hackney Ark unless otherwise stated



Children and Young People's Centre
for Development and Disability

MUSEUM OF THE HOME

Workshop at Hackney Ark

The Geffrey Museum (now called 'Museum of the home') are holding an interactive workshop in the resource center at Hackney Ark to help them develop backpacks for SEND children and their families aimed at make their visit to the museum more enjoyable and relaxing.

We are looking for children aged 5-12 years to come with their parents to try out some of the resources and to give their ideas on what would be useful to have in the packs.

The event will be held on the Friday of half term (21st of Feb) from 3:30-4:30. The museum staff are hoping to gather feedback from a range of children with various need. You will also get the opportunity to create something with your child to take home

If you are interested in participating please contact Sarah Higgins (Information and advice worker) on 0207 014 7005 or email: huh-tr.resourcecentre@nhs.net to reserve a space



Family Fund

Helping disabled children



FREE iPad workshop

Do you have an iPad and want to learn how to make the most of it? Family Fund are running an iPad workshop for families raising children with additional learning needs. Join our free session to find out more about how your iPad works (or at least keep up with your children!)



Wednesday 4 March
10:30am until 12:30pm

Hackney Ark Resource Centre
Downs Park Road
Dalston
London
E8 2FP



Places are limited, so if you would like to register, please call **01904 550066** or email **digitalskills@familyfund.org.uk**

Register
your place
now!

www.familyfund.org.uk

The Family Fund Trust. Private company limited by guarantee. Incorporated in England and Wales. Registration no. 3166627. Registered charity number 1053866. Scottish charity number SC040810.

Events in Hackney for SEND families

Museum of Childhood – Visiting with an autistic child

The museum has worked with families with children on the autistic spectrum to create resources to support their children's visit. They offer 'making SENSE family packs' which can be borrowed for free from the information desk and include maps, toys to touch, activity suggestions and ear defenders, PECS symbols and a photo booklet are included to help with communication.

For more info check out their website:

<https://www.vam.ac.uk/moc/learning/sen/visiting-autistic-child/>



Sensory Team weekly drop in clinic

The Sensory team holds a drop-in clinic at Hackney Service Centre every Thursday 10am – 12noon for children and young people who are visually impaired, deaf or heard of hearing.

The service aims to give practical information and advice about the registration process and about help, support or services available locally and nationally. Hackney Sensory Team holds and maintains the Sensory Impairment Registers of Sight Impaired (Partially Sighted) or Severely Sight Impaired (Blind) people who are living in Hackney. The Sensory Team provides specialist equipment to aid mobility, communication & daily living in response to assessed needs.

Hackney Service Centre,
1 Hillman Street
Hackney,
E8 1DY

For more information E-mail,
sensory.team@hackney.gov.uk or call
0208 356 6262

Events in the wider community

SOUTHBANK CENTRE

Sound Pit @ London's South Bank Centre

Running until the 23rd of February – 1 hour sessions of interactive play with lights, music and textures. Suitable for children with various SEND needs and abilities and all the family.

Tickets: £8 per person.

Visit <https://www.southbankcentre.co.uk/whats-on/138917-soundpit-201920> for more information and ticket booking

Mighty Mega @ Discover – Stratford

Mighty Mega is Discover's FREE club for disabled children aged 5-11 and their families or carers.

Every Saturday during Term Time: 10am-12pm

During Mighty Mega children can take part in storytelling, music, dance, arts, crafts and multi-sensory play.

Children have exclusive use of Discover's exciting, immersive First Floor Story World and can take part in artist-led workshops Booking is essential for these sessions as places are limited

Visit <https://discover.org.uk/event/mighty-mega/> for more information and booking information

Squish Space - Sensory play for children under five @ The Barbican center

This sensory play area is open Monday – Friday 10am – 4pm and is absolutely FREE. It is suitable for children with disabilities. Stay as long as you like...no booking required but please be aware there are limited spaces so there may be a wait for a space. However you are free to visit the children's library or the café or any of the other exhibitions while you wait

Visit: <https://www.barbican.org.uk/whats-on/2019/event/squish-space> for more details

SEND Organisation of the Month

Arsenal in the Community disability sports -

Arsenal believes that there should be no barrier to playing or enjoying sport and the club runs football sessions for young people with a range of disabilities at the Arsenal Hub, 56 Benwell Rd London N7 7BA

Down's Syndrome specific sessions are Monday 17:30-18:30 and costs just £3

Wednesday evenings (17:30-18:30) for over 12's and Friday (17:30-18:30) for under 12's are autism friendly and FREE. Contact the club to ensure they have suitable staff before arriving.

There are also sessions for visually impaired and blind people (over 14s), upper and lower body amputees, deaf (under 18s) and people with mental health diagnoses.

To find out more about any of these sessions and to take part, please contact Luke Howard at lhoward@arsenal.co.uk





Children and Young People's Centre
for Development and Disability

Resource centre Games and book library

The resource centre will now be offering a library service of books, DVDs and games.

We have a wide selection of books for all ages included two newly donated books from JaJaJa books (<https://www.jajaja-books.com>), one about a little girl with autism and another about an elephant who can't hear.

We also have a wide range of DVD from Disney classics, Makaton nursery rhymes, and some for older children.

As for games, we have a small selection on Wii and Xbox Kinect games. So if you want to try out something new come and have a look.

Everything is FREE to borrow!!!!!!!!!!!!!!



If there is anything you would like to contribute to next month's newsletter, please email the information to Sarah at:

Huh-tr.resourcecentre@nhs.net with the subject heading 'newsletter piece'

For any more information and any of the services or sessions mentioned please call the Resource centre on 0207 014 7005 and don't forget you can check out the Local offer Hackney website for other events happening around Hackney:

<https://www.hackneylocaloffer.co.uk/kb5/hackney/localoffer/home.page>