Cognition & Learning - Executive Function- Approaches to learning		
	What will you see? (Barriers)	What can help?

Working Memory: Working Memory is crucial for developing fluent literacy and numeracy skills, organisation and following instructions	(Strategies and provision)
CYP may:	
 Lack confidence and be reluctant to take risks in their learning and copy peers 	Exploration of underlying learning needs using checklists or assessment
 Appear tired, distracted or passive 	Pastoral support such as monitoring of self-esteem, regular specific praise
 Appear anxious when asked to share learning 	Use of student interests and strengths
• Have varied performance	Opportunities to learn how to play and to learn through play: learning-through-play web.pdf (legofoundation.com) UNICEF-Lego-Foundation-Learning-through-Play.pdf
 Lack perseverance and low self esteem 	Ensure high levels of success
Be reluctant or unable to ask for help	Role playing what to do when work is challenging
Be over dependent on adult support	Developing scripts for when work feels difficult
	• Support to reflect on the successes, challenges and thought processes for a piece of work

Refer back to CPD on Cognitive Load, Prior Learning, Memory in CPD folder